

# QUINCY MEDICAL GROUP quincymedgroup.com/out

# **SANITATION GUIDE**

# WHEN TO CLEAN:

#### AT LEAST EVERY DAY

- Clean using soap and water then disinfect all hard surfaces
- Launder or clean all soft materials
- Wash hands
- Clean and sanitize high touch surfaces (doorknobs, toilets, etc.) regularly

### AT LEAST EVERY SHIFT

- Use disinfectant spray to wipe down all surfaces touched by employees
- Wash or sanitize hands

### **EVERY INTERACTION**

- Use disinfectant spray to wipe down surfaces touched by customers or others
- Disinfect hands with hand sanitizer after touching objects handled by customer or others

# **HOW TO CLEAN:**

## **Most surfaces**

Clean using soap and water then disinfect with sprays or wipes. If manufactured disinfectant is unavailable, use a bleach solution containing 5 tablespoons bleach per gallon of water **or** 4 teaspoons bleach per quart of water.\*Allow bleach solution to sit on surface for at least 1 minute.

#### **Soft surfaces**

- Clean using soap and water or cleaners appropriate for use on these surfaces.
- Launder items (if possible) according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items completely.

#### OR

• Disinfect with an EPA-registered household disinfectant.

# **Electronics (including touch screens)**

Use manufacturer's guidance. If guidance is unavailable, use alcohol-based wipes or sprays containing at least 70% alcohol.

# **HOW LONG COVID-19 LIVES ON SURFACES:**

