

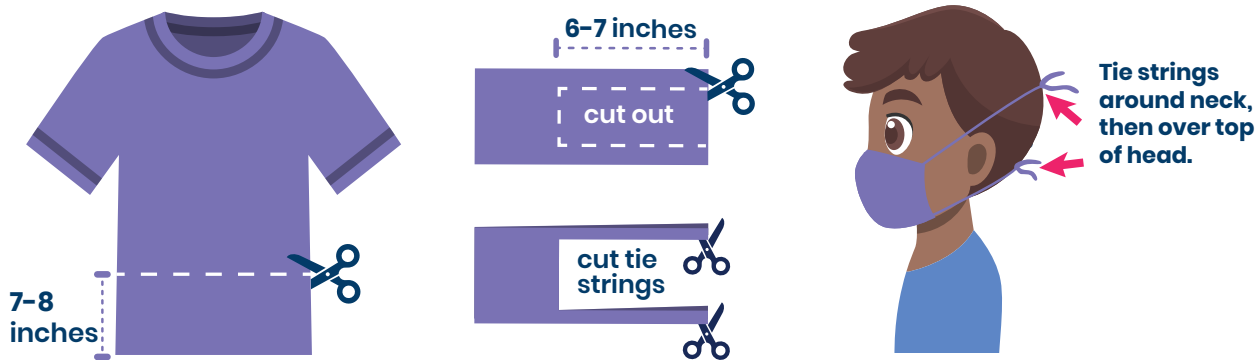
USE CLOTH FACE COVERINGS TO HELP SLOW THE SPREAD OF COVID-19

DIY FACE COVERINGS SHOULD:

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape
- be worn in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies).

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

T-Shirt Face Covering (no sew method), materials needed; t-shirt and scissors



Bandana Face Covering (no sew method), materials needed; bandanna or 20 x 20 square cotton cloth, rubber bands or hair ties and scissors

