

To schedule your EGD procedure or if you have any questions about your procedure, call Dr. Pastorini's office at 217-222-6550, option #1, extension 3636.

Your appointment for your EGD procedure is _____ at the Surgery Center of Quincy, 1118 Hampshire Street, 3rd floor.

TIME: Blessing Hospital Prep Clinic staff will call you with the tentative time of arrival approximately 3-5 days prior to your procedure. Blessing Hospital Prep Clinic is open 8:00 a.m. to 4:30 p.m. If you need to cancel the day of the procedure, call the GI Center at 217-222-6550, option #1, extension 6120. **DO NOT CALL THIS NUMBER TO SCHEDULE THE APPOINTMENT.**

1. Nothing to eat or drink 6 hours prior to the procedure, except for a small amount of water with medications. If the procedure is going to be done after 1 p.m., it is okay to have clear liquids until 7 a.m. Clear liquids are anything you can pour into a glass and see through. Liquids allowed are: coffee (black), tea, water, clear fruit juices (grape, apple, cranberry), bouillon, jello, soda, popsicles and **orange, lemon, or white** Gatorade. **(NO RED, PURPLE, or BLUE COLORING)**. No solid food, milk or milk products including non-dairy creamers.
2. You must *DISCONTINUE* the following medications 5 days prior to your procedure: aspirin, Motrin, ibuprofen, Nuprin, Advil, Aleve, any type of arthritis medication, nonsteroidal anti-inflammatory medications (NSAIDS), iron supplements, vitamins that contain iron, vitamin E, Aggrenox, any blood thinning medications such as Coumadin, Plavix or Ticlid, and all herbal supplements.

IF YOU ARE DIABETIC: Do not take oral diabetic medications on the day of the procedure. Only take ½ dose of insulin the morning of the procedure. If taking Byetta, Januvia, or Victoza, hold day before procedure and day of procedure.

3. You may take your usual blood pressure or heart medications the morning of your procedure with sips of water.

Extra Strength Tylenol is the only over-the-counter medication you may take for headaches.

4. You will receive a mild sedative the day of your procedure, so you will need to be accompanied by someone who can drive you home afterwards.