



**INSTRUCTIONS FOR
UPPER GI ENDOSCOPY (EGD)**
John T. Barbagiovanni, DO

To schedule your EGD procedure or if you have any questions about your procedure, call Dr. Barbagiovanni's office at 217-222-6550, extension 3636.

Your appointment for your EGD procedure is _____ at the Surgery Center of Quincy, 1118 Hampshire Street, 3rd floor.

TIME: Blessing Hospital Prep Clinic staff will call you with the tentative time of arrival approximately 3-5 days prior to your procedure. Blessing Hospital Prep Clinic is open 8:00 a.m. to 4:30 p.m. If you need to cancel the day of the procedure, call the GI Center at 217-222-6550, extension 6120. **DO NOT CALL THIS NUMBER TO SCHEDULE THE APPOINTMENT.**

1. Nothing to eat or drink after midnight _____.
2. You must *DISCONTINUE* the following medications 7 days prior to your procedure: aspirin, Motrin, ibuprofen, Nuprin, Advil, Aleve, any type of arthritis medication, nonsteroidal anti-inflammatory medications (NSAIDS), iron supplements, vitamins that contain iron, Aggrenox, any blood thinning medications such as Plavix or Ticlid, and all herbal supplements. Discontinue Coumadin 3 days prior.
3. You may take Tylenol products or Celebrex.

You may take your usual blood pressure or heart medications the morning of your procedure with sips of water.

4. **IF YOU ARE DIABETIC:** Do not take oral diabetic medications on the day of the procedure. Only take ½ dose of insulin the morning of the procedure. If taking Byetta, Januvia or Victoza, hold the day before procedure and morning of procedure.
5. You will receive a mild sedative the day of your procedure, so you will need to be accompanied by someone who can drive you home afterwards.